

## UNITY OF INNER PEACE NEWSLETTER FOR AUGUST, 2017

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Dear Friends in Unity,

Picture a two and a half year old little girl, blond, shining, first born, star of the show suddenly finding herself displaced by not just one, but two baby sisters. Twins. And as though that were not enough, one of the twins was born with severe "differences." Thus circumstances demanded that much attention was diverted from her to the care and survival of the newbies. She was jealous as hell! Years later we find her in a position of leadership at a university, a place where her voice is heard and her opinions matter. In her spare time, she performs in musical theatre, usually in starring roles.

Except for college days, the twins have always lived together. Even in their late twenties they share an apartment as each pursues their separate callings. Interestingly, the "healthier" one is known for her compassion, is already an RN and is completing work on becoming a nurse practitioner. Her sister, the one who has undergone more surgeries than most of us could imagine, is a college graduate and pursuing post graduate classes to advance even further at her job. She is smart, funny, and very outspoken, sometimes treading where others fear to go. Her most memorable and perhaps important work is educating others on what it is like to be what she calls "diffabled," that is, what it is like to be able in a different way.

Why do I tell you all of this? Perhaps it is because it helps to see a purpose in our lives. Would our little blond have tried so hard to be all she could be if things had been easy for her? Would the born healthy twin have developed the compassion and desire to help others to such a great degree had she not felt it first for her twin? And who knows what great service the "diffabled" twin will do - for others in the same boat, but also to educate others toward greater empathy and understanding?

So let's, for a moment, talk about you. What do you look back at in your life and wish it had been different? More "perfect?" More to your liking? Would you be the marvelous individual you are today without your life history, your life challenges? Every day we have the opportunity to ask ourselves what we really want, and then make the choices to evolve in that direction.

Oh "Birther of the Cosmos," we thank you for this journey of opportunity.

Lovingly,

Judy

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## SUNDAY SCHEDULE:

### Aug. 6:

Speaker, **Ann Russ**. Title: **Spirituality in the "Land of Fire and Ice."** Ann Says, " When I traveled to **Iceland** in May with my husband Steve and two friends, I went with a purpose in mind. Besides seeing this unusual country for the first time, I also wanted to discover what I could about the island's spirituality. On Sunday I'll be sharing my discoveries along with weaving in a bit about the country's history, folklore and art. A **slideshow** of my trip will also accompany my talk. What's my best short description of Iceland? It's weirdly beautiful and sublime. I can't wait to go back. And I can't wait to share a bit of this astonishing place with all of you on Sunday!

Besides being actively involved in our Unity group , "Ann is a ceramicist who hand-builds memorial urns, reliquaries and Spirit Bowls - forms for honoring the sacredness of life and its transitions. Ann's work explores a trinity where nature, architecture, and universal symbols connect. Ann is also a life coach who works with people navigating life transitions. In addition she officiates at weddings and funerals in her role as a celebrant. She feels it is a sacred duty and an honor to be engaged in all of this work."

And we in turn are honored that Ann will share her experience from a soul level and with the eye of an artist. Don't miss this sacred event.

### Aug. 13

Informal audio recording by Unity Poet, **James Dillet Freeman** explaining some of the history of his work, including "The Prayer of Protection." This recording was made during a Unity service in California and demonstrates both his humor and depth. Freeman is regarded as a pillar of the Unity movement and **his work has even gone to the moon, literally!**

### Aug. 20

Speaker, Tom Cappuccio. Talk will be focused on actions taken in response to the book **One Spirit Medicine**. The focus will be on discovering our inner healer. Cappuccio says to truly heal we need to return to practices discovered by shamans millennia ago. ...how to detoxify brain and gut with superfoods, working with our luminous energy field to heal our body.

### Aug. 27 \*\*\*\*\*POTLUCK SUNDAY\*\*\*\*\*

Audio recording by **Rev. Michael Jamison**, member of the original study group in the UP and Unity minister in Topeka, KS for 28 years. This is the third in the series of

recordings he has shared with us. Title, "**Spirit as Shamrock? No!**" Jamison is bold, energetic and outspoken, and those of you who experienced the first two recordings gave them an overwhelming thumbs up!

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## **ANNOUNCEMENTS:**

On Wednesday August 9th at 7:00 PM in the Shiras Room of the Peter White Library the **Marquette Interfaith Forum** will offer the fourth of six presentations in its **World Faith Series**. The subject will be **Christianity**. Considering the broad spectrum of groups that regard themselves as Christian, it should be interesting to see how Christianity is presented. Previous subjects in the series have been Hinduism, Judaism and Buddhism, and each was enriching and enlightening. We highly recommend you consider attending.

We would like to express gratitude to all of you who step forward to offer your own services as a Sunday speaker, and those who make suggestions for people you think might have something important or appropriate to offer our group. You help to keep us vibrant, alive - real.

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## **OUTREACH AND PRAYER SUPPORT:**

**Bill Waters** is an inspiration to all. As he continues to take advantage of whatever medical procedures are recommended for his healing, his attitude is one of wonder and appreciation for life and the gift of daily insights.

We've not seen him among us for quite awhile, but thanks to telephone communications we know that our beloved **Bob Lamb** is focusing on spiritual principles and is making progress in his healing. Your affirmative prayers are appreciated.

**Pamela Monroe**, though mourning the loss of her precious dog companion, and temporary inability to dance - to her, almost as important as breathing - she is on her way to feeling her wholeness again.

Each of us has something we would change, so let us remember for ourselves and others, the words of Unity co-founder Myrtle Fillmore, "Rejoice and remember you have the God power to change conditions."

So for all, we invite your affirmative prayers. And we will always remind you that Silent Unity is available 24/7 to pray with you whatever your need. 1-800-NOW PRAY/ [1-800-669-7729](tel:1-800-669-7729).

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**BIRTHDAYS:** It has come to my attention that our birthday list is incomplete. Therefore I apologize to all who may have been inadvertently missed. You would do me a great favor by sending your birthday info to my e-mail address. ([owlady@chartermi.net](mailto:owlady@chartermi.net)) In the meantime, birthday blessings to these fabulous people:

Suzie Saari, Aug. 2

Lydia Hoff, Aug. 22

Ann Russ, Aug. 26

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#### **GENERAL INFORMATION:**

Our meetings/services are held at the clubhouse of the Marquette Federated Women's Clubs at 104 West Ridge St., Marquette, MI 49855. We begin at 10:00 AM Eastern Time. Please check our website at [unityofinnerpeace.org](http://unityofinnerpeace.org) or visit our Facebook page at [HTTPS://www.facebook.com/Unity-of-Inner-Peace-918296191554881/](https://www.facebook.com/Unity-of-Inner-Peace-918296191554881/) for further information.

Our Board members and assignments are as follows: Judy McGowan, President, Newsletter; Steve Schmunk, Vice-President, Website; David McGowan, Treasurer; Ann Russ, Secretary, Facebook, **CELEBRANT**; Militza Georgevich English; Gail Razavi; Bill Waters. Richard Leinonen, alternate.

**"Our vision is a healed world."**