

UNITY OF INNER PEACE NEWSLETTER FOR OCTOBER, 2017

Dear Friends in Unity,

We are living in such heavy times, natural disasters, man made threats. But we each are centers of energy, and we get to chose what we nurture. I choose to nurture love, peace, calm. Those of you who know my husband David know that he chooses to nurture humor. Each Sunday morning as we come out of meditation and share the deep insights or direction we have received, David, who cannot seem to enter that deep meditative state, chooses to share some humorous piece of wisdom he has discovered somewhere during the week. I must admit that at first I was embarrassed by his blurts, but now I realize that he is a healer in his own way, his, a valuable contribution. With that in mind, I'm choosing to share with you an original he came up with at home this week. One day he looked at me with great purpose while stating, "I'm going to enter The Silence." In wonderment I gazed at him, hardly believing what I had heard. But then, he removed his hearing aids.

What do you choose to nurture?

Lovingly,

Judy

SUNDAY SCHEDULE:

Oct. 1

Last month we had a speaker, **Thomas Cappuccio**, who was so enthusiastic about his subject, and the questions and responses it inspired, that he was simply not able to complete all that he had brought to the table. He therefore asked if he could return. Would we say other than, "Yes!"

In Cappuccio's words:

*By overcoming the fear of death, and embracing a new mythology of ourselves, we embark on a heroic journey of transformation. Through the practice of working with **the "medicine wheel,"** (a teaching tool for healing) of indigenous people of the Americas, we discover how we too can have a rebirth of our physical and mental life. We begin in the South with the "journey of the healer;" to heal our past wounds then go the the West with the "journey of the divine feminine, "helping us face the fear of death; from there we move to the North, "the journey of the sage," where we learn to be still like the surface of the lake, where it reflects everything but disturbs*

nothing. Finally we reach the East, and the "journey of the visionary." Here you are collaborating with others and Spirit to dream your health, and a healed and beautiful world into existence.

The final and most important practice for attaining "One Spirit Medicine," is the "Vision Quest." The "Vision Quest" can heal your body and mend your soul. When you go to your Vision Quest, you are invited to go to a realm beyond death, and retrieve your destiny from the "future you," who already exists in timelessness.

"I see this as a discussion which attempts to link the healing of our physical bodies, and minds with something greater, a form of consciousness which we are all part of. I hope we can continue to have questions and answers from all of us through the discussion."

Oct. 8

Audio recording, "**Body and Soul**" by Unity minister, **Rev. Michael Jamison** of Topeka, Kansas, formerly member of the original Unity Study Group in the UP. Lively discussion will follow!

Oct. 15 ++++++BOARD MEETING after service+++++

Speaker, health professional **Lisa Long** will present, **Remembering the Sacred: Critical conversations in the medical office."**

Oct. 22

Speaker and guide, **Mary Soper**. Mary says: "Many have heard some of us talk about **Alice Tredway** who was our spiritual teacher who lived in Munising. We studied with Alice who had studied with many great teachers from around the world including spending time at Pendill Hill, a Quaker community. Along the way Alice studied energy therapy/ e-therapy and from that emerged **symbols** - a technique that can be used to delve into one's spiritual being. During this time together I will review symbols, talk about how they can be used for spiritual insights and we will sit together for a symbol session.

Oct. 29 ++++++POTLUCK SUNDAY+++++

Speaker, former Unitarian minister and deep thinker, **Craig Teed** will be a catalyst for our own pondering of "**Can There Be Good Without God?**"

ANNOUNCEMENTS:

In line with our encouragement of the understanding of other Faiths, we offer the following information:

From Lydia Hoff: On Friday, Sept. 29, at 7:00 PM, Lama Tsultrim Gyaltzen (aka Matthew "Ben" Bennett, son of the late Dr. Matt Bennett and wife Claire Bennett) will be giving a lecture on **Buddhism** at St. Paul's Episcopal Church. A meditation will be held at the church as well on Saturday, the 30th, at 4:00 PM.

On Wednesday, Oct. 11th at 7:00 PM, in the Shiras Room of the Peter White Library, the last of the **World Faith Series** will be held. The subject of this lecture will be the **Baha'i Faith**. The lecture will be presented by a local member of the faith, and there will be ample time for questions.

This is a reminder that in lieu of "**welcome** packets," we now have available a lovely pamphlet created by Ann Russ and Steve Schmunk to explain who we are and what our message is. The **pamphlets** are available at the information table on Sunday mornings, as well as at the hallway table at the Women's Clubhouse. You are welcome to take and share with anyone you think might be interested.

We also wish to remind you that listed on our website - <http://unityofinnerpeace.org/books-donated-by-unity-to-peter-white-public-library/> - is a list of **books** that Unity of Inner Peace has **donated to the Peter White Public Library** over the years, something like 160 titles. We invite you to seek them out, read them. You will be inspired!

FINANCIAL REPORT:

Thank you for all of your donations to Unity of Inner Peace. In addition to paying our bills, i.e., rent, speaker's fees, Daily Words, P.O.Box rental, advertising, and other miscellaneous supplies and fees, we always follow the policy of tithing. The **tithe for the 3rd quarter** of 2017 will be split between **Unity Worldwide** and the "**Hurricane Recovery**" **Fund** being gathered and distributed by **Unity of Houston**. We feel especially grateful that Unity of Houston has stepped forward to be the heart and hands necessary to collect and distribute the funds where needed in response to the devastation caused by our recent disastrous weather events. Their affirmation is, "Money is energy in transportable form." If you would like to make an independent donation, go to Unity of Houston's website for further information.

OUTREACH AND PRAYER SUPPORT:

We at Unity of Inner Peace join with Silent Unity in praying with others for the Highest Good for those affected by the recent natural disasters. May they be treated with great compassion. We also affirm that humanity will be open to insights which may help us to lessen future events wherever and however possible.

On a local and personal level, if you've been missing someone at Unity, wondering where and how they are, we invite you to take it upon yourself to be that one who attempts contact. If you find someone who needs our affirmative prayers, do let your Board know. If you are reading this and would like to be on our prayer list, contact someone on the Board, or me, by return e-mail.

And always, Silent Unity is there for you. Imagine the faithfulness of years and years of being available 24/7 for the purpose of helping you in your time of confusion or distress. Call [1-800-669-7729](tel:1-800-669-7729) (1-800-NOW PRAY).

BIRTHDAYS: What great contributions our October birthday people are making to our planet. We're glad you signed up for this life!

Lee Ossenheimer, October 2

Pam Traver, October 28

GENERAL INFORMATION:

Our meetings/services are held at the Clubhouse of the Marquette Federated Women's Clubs at 104 West Ridge St., Marquette, MI 49855. We begin at 10:00AM Eastern time. Please check our website at unityofinnerpeace.org or visit our Facebook page at [HTTPS://www.facebook.com/Unity-of-Inner-Peace-918296191554881/](https://www.facebook.com/Unity-of-Inner-Peace-918296191554881/) for further information.

Our Board members and assignments are as follows: Judy McGowan, President, Newsletter; Steve Schmunk, Vice-President, Website; David McGowan, Treasurer; Ann Russ, Secretary, Facebook, **CELEBRANT**; Militza Georgevich English; Gail Razavi; William Francis Waters. Richard Leinonen, alternate.

"Our vision is a healed world."